

## 2021-22 COVID-19 Protocols (*Revised 10.14.2021*)

PCLS follows the COVID-19 prevention strategies and the guidelines set forth by [CDC](#) as well as resources provided by NJDOH. The strategies (adopted from CDC) are:

- 1) Promoting vaccination
- 2) Consistent and correct mask use
- 3) Physical distancing
- 4) Screening testing to promptly identify cases, clusters and outbreaks
- 5) Ventilation
- 6) Handwashing and respiratory etiquette
- 7) Staying home when sick and getting tested
- 8) Contact tracing, in combination with isolation and quarantine
- 9) Cleaning and disinfection

PCLS will continue to stay up to date with the latest DOH and CDC guidelines and update these protocols as necessary.

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### PRIOR TO THE FIRST DAY OF RETURNING TO IN-PERSON LEARNING

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(Tentatively scheduled for Sunday, Oct 17, 2021). The following individuals must be fully vaccinated by September 25, 2021. People are considered fully vaccinated 2 weeks after their second dose of the Pfizer or Moderna vaccines, or 2 weeks after a single-dose Johnson & Johnson vaccine. A request for a medical or religious exemption will be evaluated on a case by case basis. PCLS will require attestation of full vaccination against COVID-19 from the following individuals by Oct 3:

- All language and culture teachers
- All teaching assistants
- All operational team members

Additionally, we strongly encourage all students 12 and older and parents to be fully vaccinated. This message will be communicated via PCLS school newsletters.

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### DURING NORMAL SCHOOL OPERATION STARTING OCT 17, 2021

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#### HEALTH SCREENING

PCLS student assistants, teachers and family members entering school buildings during PCLS school time (Sunday between 1:45 – 5:45pm) must complete a ONE TIME COVID-19 SELF SCREENING form prior to entering the school building. Use [this Link](#) for to complete Covid-19 self-Screening.

## INDOOR MASK MANDATE

1. PCLS student assistants, teachers and family members entering school buildings during PCLS school time (Sunday between 1:45 – 5pm) must wear a mask when indoors regardless of vaccination status.
2. All students are required to wear masks in the classrooms.
3. Masks can be taken off temporarily for water breaks and snack time when outside.
4. Only vaccinated teachers may take off their masks to demonstrate pronunciation or as needed for teaching purposes.

## CLEANING AND DISINFECTION

All teachers will be supplied with cleaning wipes. Prior to the start of the class, teachers will ask each student to wipe down his/her chair/table. Hand sanitizer is available inside school facilities.

## CLASSROOM ARRANGEMENT

Students will be assigned seats and teachers will keep seating charts for their classes. Social distancing will be practiced whenever and wherever it is possible. Windows will be open if weather permitting to improve ventilation in classrooms. All windows will be closed after class.

## HANDWASHING AND RESPIRATORY ETIQUETTE

PCLS will continue to promote the proper handwashing with soap and water for at least 20 seconds in its weekly newsletter. Hand sanitizer will be available in each school building and students will be asked to use it when necessary.

## IF COVID SYMPTOMS WHILE AT SCHOOL

Any PCLS member (student, teacher, and administrative staff) who presents with COVID-19 Symptoms while at school must notify PCLS Principal ([principal@pcls.org](mailto:principal@pcls.org)) as soon as the onset of symptoms. The person also must be tested as soon as possible. PCLS Principal will notify (a) the facility the positive COVID-19 case immediately upon receipt of this information and (b) the local health department of the COVID-19 case so contact tracing can be initiated.

For a listing of issues related to COVID-19 positive, symptoms, close contact, travel and etc, refer to the table below.

**USE THE TABLE BELOW TO EVALUATE ISSUES AND WHEN TO RETURN BACK TO SCHOOL**

Presenting Issue	Return to School
<b>COVID-19 Positive</b>	<b>All individuals</b> -10 day isolation and 24 hours fever free and symptoms have improved before return
<b>Any <u>two</u> symptoms:</b> Fever, Chills, Rigors (Shivers), Myalgia (Muscle Aches), Headache, Sore Throat, Nausea or Vomiting, Diarrhea, Fatigue, Congestion or Runny Nose.	<b>All individuals</b> -10 Day isolation and 24 hours fever free and symptoms have improved OR a negative COVID test result.
<b>Any <u>one</u> symptom:</b> Cough, Shortness of Breath, Difficulty Breathing, New loss of Smell, New loss of Taste.	<b>All individuals</b> -10 day isolation and 24 hours fever free and symptoms have improved OR a negative COVID test result.
<b>Close Contact / Potential Exposure:</b> Close contact (within 6 feet of an infected person for a total of 15 minutes in a 24 hour period) with a person with confirmed or symptomatic of COVID-19, someone in your household is diagnosed with COVID-19.	<p><b>Unvaccinated</b> - 14 day quarantine from the last date of exposure if transmission level is high (orange). 10 day if in moderate or low (yellow or green) <b>OR</b> the symptomatic person tests negative. If the close contact/exposure is a member of the same household, then the 14/10 days (depending on the transmission level) would begin when the symptomatic or COVID positive individual completes their 14/10 day isolation.</p> <p><b>Vaccinated</b>- Must be fully vaccinated (2 weeks post completion). No quarantine but a mask must be worn. Quarantine if they become symptomatic. It is recommended to test close contacts 3-5 day post possible exposure. In addition to the above, if the close contact/exposure is a member of the same household, testing is also recommended once the COVID positive individual finishes the 10 day isolation.</p> <p><b>COVID positive within the last 90 days</b> - No quarantine but a mask must be worn. Quarantine if they become symptomatic. It is recommended to test close contacts 3-5 day post possible exposure. In addition to the above, if the close contact/exposure is a member of the same household, testing is also recommended once the COVID positive individual finishes the 10 day isolation.</p>

**Travel:** Travelers and residents returning from **out of country or any U.S. state or territory** beyond the immediate region (New York, Pennsylvania, and Delaware)

**-- International Travel --**  
[CDC Website for International Travel](#)

**Fully Vaccinated:**

Must be fully vaccinated (2 weeks post completion before the start of travel).

- No Quarantine
- Recommend a [viral test](#) 3-5 days after travel or quarantine for 10 days.
- Self-monitor for COVID-19 symptoms; isolate and get tested again if you develop symptoms.
- Follow [all state and local](#) recommendations or requirements.

**Unvaccinated:**

Get tested with a [viral test](#) 3-5 days after travel **AND** stay home and self-quarantine for a full 7 days after travel.

- Even if you test negative, stay home and self-quarantine for the full 7 days.
- If your test is positive, [isolate](#) yourself to protect others from getting infected.
- If you don't get tested, stay home and self-quarantine for 10 days after travel.
- *Eligible for virtual instruction.*

**COVID positive within the last 90 days:**

No quarantine unless they become symptomatic, then follow 10 day isolation

**-- Domestic Travel (States other than New York, Pennsylvania, and Delaware) --**

[CDC website for Domestic Travel](#)

**Fully Vaccinated:**

Must be fully vaccinated (2 weeks post completion before the start of travel).

- Self-monitor for COVID symptoms; isolate and get tested if you develop symptoms
- Follow [all state and local](#) recommendations or requirements.

**Unvaccinated:**

Get tested with a [viral test](#) 3-5 days after travel **AND** stay home and self-quarantine for a full 7 days after travel.

- Even if you test negative, stay home and self-quarantine for the full 7 days.
- If your test is positive, [isolate](#) yourself to protect others from getting infected.
- If you don't get tested, stay home and self-quarantine for 10 days after travel.
- *Eligible for virtual instruction.*

**COVID positive within the last 90 days:**

No quarantine unless they become symptomatic, then follow 10 day isolation